

Percy Norman Pool

Pool Office Phone Number: 604-257-8680
 Program Coordinator: Dave Mckenzie | dave@rileypark.ca

Percy Norman Pool – Winter 2010

30 East 30th Avenue
 Vancouver, B.C. V5V 2T9
 Telephone: 604-257-8680
 Fax: 604-257-8639

POOL OFFICE (604-257-8680)

Monday-Thursday 6:15 am - 9:00 pm
 Friday 6:15 am - 7:30 pm
 Saturday and Sunday 9:00 am - 4:30 pm
 Statutory Holidays 10:00 am - 1:30 pm

FACILITIES

- 25 metre pool
- whirlpool
- sauna
- dive tank
- two 1-metre diving boards
- one 3-metre diving board

POOL, RINK & FITNESS FEES

	Drop-in (Single)	10-visit card	FLEXIPASS			
			1-month	3-month	6-month	1-year
ADULT (19-64)	5.35	42.75	43.10	112.50	195.45	353.45
YOUTH (13-18)	3.75	30.00	30.00	78.75	138.90	247.50
SENIOR (65+)	3.75	30.00	30.00	78.75	138.90	247.50
CHILD (6-12)	2.65	21.40	21.55	56.25	97.50	177.20
CHILD (under 6)	FREE	FREE	FREE	FREE	FREE	FREE
FAMILY Pool & Rink	\$2.65 per person, min \$5.35 1-2 adults of the same household & their children under 19 years.					
Note: Children and under are free for public session admissions.						

2010 prices subject to change.

Scheduled changes see pg 27
FEBRUARY 15 - MARCH 7, 2010

POOL SCHEDULE

Schedule effective from January 4 to March 7, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird Swim 6:15-9:00am (3 adult lanes)						
9:00-12:00pm School Board Please call to confirm (1 adult lane)	9:05-10:00am Shallow Aquafit* (1 adult lane)	9:00-12:00pm School Board Please call to confirm (1 adult lane)	9:05-10:00am Shallow Aquafit* (1 adult lane)	9:00-11:00am Senior Swim (55+ only) (2 adult lanes)	9:00-10:00am Adult Swim (1-2 adult lanes)	9:05-10:00am Adult Swim (3 adult lanes) Dive Tank Unavailable*
9:00-12:00pm Dive Tank Open*** (1 adult lane)	10:00 - 11:00 Adult Length Swim (3 adult lanes)	9:00-12:00pm Dive Tank Open*** (1 adult lane)	10:00 - 11:00 Adult Length Swim (3 adult lanes)	9:15-10:00am Seniors Aquafit*	9:00-10:00am Shallow Aquafit	9:00-10:00am Deep Aquafit
	11:00-12:00pm Parent & Tot Swim (3 adult lanes)		11:00-12:00pm Parent & Tot Swim (3 adult lanes)	11:00-12:00pm Parent & Tot Swim (3 adult lanes)		
12:00-1:00pm Adult Swim*** (3 adult lanes)	12:00 - 2:00pm Adult Length Swim*** 3 adult lanes				10:00-2:00pm Swim Lessons*** (1 adult lane)	
1:00-4:00pm Adapted Aquatics*** (2 adult lanes)	2:00-4:00pm Public Swim (3 adult lanes)					
					†Pool closed 5:00pm	
4:00-5:00pm Swim Clubs/Lessons*** Sauna/Whirlpool Only*				4:00-5:00pm Swim Club Sauna/Whirlpool Only*	POOL RULES <ul style="list-style-type: none"> • Children under 8 years must be accompanied in water by a responsible guardian 16 years or older at all times. • Whirlpool/ sauna area: Children under 6 years not permitted • Children 6-12 years must be supervised by a parent/guardian • All pool rules apply at all times 	
Dive Tank Unavailable* (Mondays Only)	5:00-8:00pm Swim Clubs/Lessons*** (1 adult lane)			5:00-6:45pm Swim Club & Masters*** (1 adult lane)		
8:00-9:30pm Public Swim* (2 lanes no Dive Tank) Dive Tank Unavailable*	8:00-9:30pm Adult Swim* (1-2 adult lanes)	8:00-9:30pm Public Swim* (2 lanes no Dive Tank) Dive Tank Unavailable*	8:00-9:30pm Adult Swim* (1-2 adult lanes)	6:45-8:00pm Toonie Swim** (2-3 adult lanes)		
8:00-9:00pm* Deep Aquafit	8:00-9:00pm* Shallow Aquafit	8:00-9:00pm* Deep Aquafit	8:00-9:00pm* Shallow Aquafit	Pool schedule subject to change with minimal notice. Tuesday & Thursday limited shallow end space. Monday, Wednesday & Sunday the dive tank will be closed during Aquafit.		
†Pool closed 9:30pm						
*Pool space will be limited during the evening Public Swims due to Aquafit classes. **Toonie Swim: \$2 Adults \$1 children/Seniors. Toonie swim admissions end 15 minutes prior to the end of the swim. ***Adult Use Only: Dive Tank, Whirlpool, Sauna †Admission ends 30 minutes prior to pool closure.						
AMENITIES 25 metres - temp 28°C (83oF) Separate Dive Tank (12 ft deep) (2) 1 metre Diving Boards, (1) 3 metre Diving Board Sauna Whirlpool Weight Room						

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TEMPORARY POOL SCHEDULE		
Schedule effective from February 15 - March 7, 2010 (Winter 2010)		
Current Program	CHANGES TO	Temporary Program Feb 15 - Mar 7
Saturday 10:00-2:00pm Swim Lessons (1 adult lane)		Saturday 10:00-2:00pm Public Swim (3 lanes)
Sunday 10:00-2:00pm Swim Lessons (1 adult lane)		Sunday 10:00-2:00pm Public Swim (3 lanes)
Monday - Thursday 4:00-5:00pm Swim Clubs/Lessons Sauna/Whirlpool Only		Monday - Thursday 4:00-5:00pm Swim Clubs Sauna/Whirlpool Only
Monday - Thursday 5:00-8:00pm Swim Clubs/Lessons (1 Adult Lane)		Monday - Thursday 6:00-8:00pm Public Swim (3 Adult Lanes)
Monday - Thursday 8:00-9:30pm All Programs		Monday - Thursday 8:00-9:30pm Public Swim (1-2 Adult Lanes)

Swimming Lessons

Winter 2010 Lesson Dates

Tuesday / Thursday	Set 1	Jan 5 - Feb 4	= 10 lessons
Monday/Wednesday	Set 1	Jan 4 - Feb 3	= 10 lessons
Saturday/Sunday	Set 1	Jan 9 - Feb 10	= 10 lessons

Lesson Prices

(2009 prices subject to change)

Preschool 1 - 5	10 Lessons	\$54.75	Stroker 1 - 3	10 Lessons	47.75
Swim Kids 1 - 4	10 Lessons	\$47.75	Adult Lessons	10 Lessons	84.25
Swim Kids 5 - 10	10 Lessons	\$54.75			

Parent and Tot 1

(6 months - 3 years)

Sat/Sun	Set 1	19011.401	11:00 - 11:30 AM	Jan 9 - Feb 10	10 lessons
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Parent and Tot 2

(6 months - 3 years)

Sat/Sun	Set 1	19031.452	11:30 - 12:00 AM	Jan 9 - Feb 10	10 lessons
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Private Lessons *Prices shown for 2009

Half hour lessons are available at various times through the week.

1 person	Adult \$ 28.45*	Child/Youth \$23.00*
2-3 people (group organized by you)	Adult \$16.00* each	Child/Youth \$13.55* each

Registration

We offer ongoing registration for all lessons. If classes are full for the current session, you may register in the next session. You may register an individual in only one set of lessons at any one time. Current progress cards are requested for registration. Payments may be made by cash, Visa, Mastercard or Debit card. Refunds are pro-rated based on the number of classes remaining, beginning the day after the request is received.

Refunds

A full refund will be given when the request is received more than 48 hours before the first session. Refund requests within 48 hours, but before the first session will be assessed a \$10 fee. Refund requests received after the program has started will be assessed a \$10 administration fee and will be pro-rated based on the sessions remaining. Refunds for medical reasons (doctor note required) will not be charged the Administration fee.

Telephone Registration

Mon - Fri 12:00pm - 4:00pm only. Students must be registered in the correct level and only one lesson set at a time. Any registrations found to contravene this policy will be cancelled. In person registration always gets priority.

*Reminder: Street shoes are not permitted in the shower areas or on the pool deck. Please remove shoes in these areas. Shoe covers are available on the pool deck.

Statutory Holiday Hours

Friday January 1, 2010 - CLOSED

Synchronize Figures Class

Learn the basics of synchronize swimming. Vancouver Pacific Wave is offering STAR classes on Mondays 6-7 PM at Percy Norman Pool. Please call 604-261-7444.

Lifesaving Programs

Bronze Medallion

13+ years**

Bronze Medallion teaches an understanding of the lifesaving principles embodied in the four components of water rescue education. **Prerequisite: Bronze Star for first day of course or 13 years old by last day of course.

Sun	9:00-2:00pm	Jan 10 - Jan 31
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Aquaft

Shallow water aquaft is ideal for swimmers and non-swimmers. Deep water participants will use flotation devices for a challenging workout. Range of Motion (ROM) is a mild, no impact workout for muscles and joint mobility. Aquaft is ideal for: improving fitness, recovering from illness or injury, pregnant women and people with arthritis. See pool schedule for days and time.

